



## **Four Lanes Community Junior School**

### **Sun Protection Policy**

At Four Lanes Community Junior School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We acknowledge that too much exposure to the sun can be dangerous but we are also aware that some exposure to the sun is recommended by health professionals to maintain health and well-being. We will work with staff, pupils and parents to ensure safe enjoyment of the sun throughout the year.

#### **Education**

- Staff will be briefed at least once a year regarding recent advice and knowledge on how to be sun safe.
- All pupils are encouraged through education, assemblies and school ethos, to be sun aware.
- Parents and carers will be sent a letter (Appendix A) explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.

#### **Protection from the sun outdoors**

##### **Shade**

- When the sun is strong we encourage pupils to sit/play in the shade.
- In hot weather pupils who bring packed lunches, are encouraged to sit outside in the shaded areas to eat.
- Where possible, outdoor activities take place in the shade on hot, sunny days.

##### **Clothing**

- When outside in sunny weather, pupils are encouraged to wear hats that cover the ears, face and neck.
- Pupils' school uniform includes tops that cover their shoulders
- Staff will be encouraged to wear suitable hats and clothing when on playground duty

#### **Protection from the sun indoors**

- Windows and doors will be opened during the day to allow stored heat to escape from the building.
- The use of electric lighting will be kept to a minimum during heatwaves.
- All electrical equipment, including computers and monitors will be switched off when not in use and will not be left in standby mode.

#### **Maintaining children's health during hot weather conditions**

- Pupils will be encouraged to eat normally.
- Pupils are encouraged to bring their own labelled water bottle to school. They will be able to drink plenty of water on hot days.
- Classroom layouts will be adjusted if necessary to avoid direct sunlight on pupils.

Teachers will be encouraged to teach outside, in shaded areas, on sunny/ hot days, where appropriate.

**Policy reviewed February 2021**



## Appendix A

Dear Parents

We have recently developed a **sun protection policy** to ensure that we can all enjoy the sun safely.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now but it can lead to **skin cancer** in later life. Your child's health and well-being are very important to us, which is why we have decided to:

- Ensure we teach children about sun protection.
- Encourage pupils to wear hats and t-shirts when outside.
- Encourage pupils to apply sunscreen in summer months, before coming to school.
- Encourage pupils to stay in the shade where possible.

More details of these and other new sun protection plans can be found in our sun protection policy which is available on our website or from the school office.

Your support is very important to us. You can help by:

- Talking to your child about the importance of sun protection at home.
- Sending your child to school with a wide-brimmed hat.
- Sending your child to school having applied sun screen.

Yours sincerely